

## John Krzyston

John Krzyston, MS Indiana University (Sport Fitness), BS Purdue University (Physical Fitness and Business), Owner and General Manager, and American College of Sports Medicine Certified for 25 years. He has worked in cardiac rehab, corporate fitness, college setting and high school. John also served on the Gatorade Sports Science Committee and served on several local Speakers Bureau. He has been at LivRite Fitness since 1996.

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